



Retirement Rag March 2014

Oakville Retirees Club
Including Mississauga, Milton and Burlington
P.O. Box 52047 Oakville, Ontario L6J 7N5

TELCO COMMUNITY VOLUNTEERS STATEMENT OF OBJECTIVES

The purpose of the Telco Community Retirees Clubs shall be:

To provide social, recreational, educational and cultural activities among members

To provide meeting facilities for the accommodation of members and their guests

To promote participation and contribution by members in activities that are of service to the community

To promote participation and contribution by members in various Charitable organizations: and

Such other complementary purposes not inconsistent with the above objectives.

President's Message



As I'm writing, we are still experiencing one of the longest and coldest winters on record. It's hard to believe that springtime is just a few weeks away! How I long to see the absence of snow and look forward to signs of the first blooms of the season.

Our Club activities and events are in full swing. With improvements in the weather, I look forward to seeing you out and about once again. Your programme committee has several surprises planned for the rest of the year! So, come on out and enjoy the fun and fellowship.

Here's a reminder that our annual general meeting is on Tuesday, April 1st at 12:00 pm. As always, we look forward to your participation and contribution, that's so we may remain one of if not the most active, of the five area Telco clubs.

I continue to wish you days filled with happy moments and tomorrows that bring great memories.

Best regards, Barb Gohm

MEETING REMINDER

Annual Meeting Oakville Retirees Club

Tuesday, April 01, 2014

Location: - Maple Grove United Church
Doors open at 11 AM

Lunch 12 Noon

Meeting 1 PM

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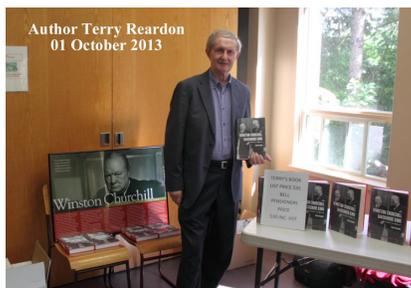
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Executive

President:	Barbara Gohm
Past President:	Eileen Chewter
Vice President:	Debbie Gill
Secretary:	Syd McKay
Treasurer:	Brenda Hicks
AVP Club Room:	Claude Therrien
AVP Community Service:	Bob De Forest
AVP Fellowship:	Rose Kurak
AVP Fund Raising:	Venetia Binns
AVP Historical:	Doug Kirkwood
AVP Participation:	Dave Warren
AVP P.B. Moore Fund:	Bill Hughes
AVP Programmes:	Marie Walker
AVP Records:	Pat Herron
Newsletter:	Rose Kurak (Editor) Pat Herron (Assoc. Editor) Ed Kurak (Graphics)
Crafters Who Care:	Bea Medland, Gisele Dunn
Social Committee:	Eileen Chewter
Oakville TCV Rep:	Bill Hughes

CLUB EVENTS

October General Meeting Tuesday October 01, 2013



Aletha Kirkwood opened with a prayer and Club members enjoyed a variety of sandwiches from Monastery Bakery. The egg salad is the most popular, rivaling the popularity of lemon meringue pie.

Our guest speaker, Terry Reardon then spoke on his book, *Winston Churchill and Mackenzie King, So Similar, So Different*. He gave many details of the friendship that developed between the two men, after their close association through WWII. Sheila Adams later commented "what a good speaker Terry Reardon is".

The meeting ended with the 50/50 draw and Fred Bucknam going home the lucky winner!!

Cambridge Excursion, Tuesday, October 8th, 2013

Thank you, Fred Bucknam, for introducing Club members to the Cambridge Mill restaurant. It has an upscale, rustic decor, conducive to relaxed conversation and pleasurable dining. We enjoyed each other's company, then ate a delicious lunch of butternut squash soup, stuffed chicken, and finished off with apple crumble and ice cream for dessert.

We then travelled down the street, to the new Dunfield Theatre Cambridge. The show was an hilarious comedy, 'Lend Me A Tenor' written by Ken Ludwig. This was his first play on Broadway, which the New York Times called "one of the two great farces by a living writer." The laughter from the audience, definitely confirmed its comedic value.

The theatre had a 50/50 draw, which was won by our lucky club member, Tom Brown!! Before they drew the winning ticket, the prize amount was announced. Let us say, Tom will be able to treat Yvonne, to dinner at a rather ritzy Oakville restaurant.

Herongate Excursion – Sunday, November 03, 2013



It was a crisp November morning, when club members started off for the Herongate Dinner Barn, in Pickering. On our arrival, we were greeted with soup and salad. We then proceeded to the buffet for prime rib, meat balls, lasagna, potatoes and of course, a club outing favourite, lemon meringue pie. We were entertained by two gentlemen, one on piano, and the other playing the banjo. They had us singing along with old time favourites.

Having finished our lunch, we proceeded to the theatre for the comedy, 'Tom, Dick and Harry'. It's a tale of one brother and his wife trying to adopt a baby, and his troublesome brothers, trying to impress the adoption agency lady. The brothers created mayhem, and made the process impossibly funny. We left the theatre with a smile and considered it a good day!

Submitted by Marie Walker

Christmas Luncheon – December 3, 2013

The Christmas luncheon was well attended. Members were active at the 50/50 table, making purchases of items from the Crafters Who Care tables, and tickets for this year's quilt.



Dave Warren said grace for our many blessings and for the meal we were about to enjoy. We indulged in a Christmas fare of sliced turkey with stuffing and gravy, mashed potatoes and a medley of roasted veggies. A most enjoyable dessert of caramel apple tart with ice cream followed the main course. As we all relaxed after the feast, Mr. Eduard Klassen entertained us with his Paraguayan Harp, playing a variety of musical tunes which included Christmas carols.

Mistress of Ceremony, Marie Walker assisted by Barb Gohm introduced Bea Medland, who shared the statistical details of the twenty plus year history of the Crafters. The Crafters Who Care achievements were warmly applauded!

Club members' names were drawn for gift cards and gifts, provided by the Programme Committee. Gisele Dunn selected the winning ticket for the beautiful hand stitched quilt, which was won by an out-of-town ticket purchaser, Peter Matteson. The lucky 50/50 winner, Ed Maj went home with a \$114.50 prize amount. Thank you members, for your generous support of the draws and the Crafters Who Care!!

General Meeting Tuesday, February 4th, 2014

A good number of members, ventured out in Arctic temperatures, to attend the February General Meeting! Prior to lunch, members socialized and perused the Programme Committee table and purchased tickets for the 50/50 draw. Aletha Kirkwood gave grace and members enjoyed a variety of sandwiches, which included the ever popular egg salad.

At 1:00pm, the guest speaker, Evelyn Thoy, was introduced. She is an independent representative, of the organization Downsizing Divas. Her mission statement is 'To guide and help clients through the often overwhelming task of de-cluttering, downsizing and/or moving.' She identified her role, shared tips and ideas on clearing clutter, and provided literature that could help. The meeting was called to order and two new members were introduced. After coverage of club business, the draw for a gift certificate from the Programme Committee was made, with Debbie Gill having the winning ticket. The name of the 50/50 winner was Doug Kirkwood and he was presented with a cash prize of \$47.50!

Sheridan Theatre Sunday February 23rd, 2014

On a sunny, but very cold Sunday Feb. 23rd, thirty-eight of our members and their guests spent a delightful afternoon at Sheridan Theatre's production of "Dirty Rotten Scoundrels." Once again, it was a great presentation, by talented student performers.

Following the play, our group rejoined at the Mandarin Restaurant, to enjoy a feast celebrating the Chinese New Year. We left for home, amid a chorus of good byes and very positive comments, of another enjoyable outing.

Submitted by Barb Gohm

UPCOMING CLUB EVENTS

Date	Event
Tuesday April 01, 2014	The Annual Meeting of our club at Maple Grove United Church. Lunch at 12:00 Noon, Meeting to follow at 1:00 P.M.
Thursday, April 24th, 2014 	We're heading to St. Jacobs Playhouse for "Legally Blonde" a "fun and frothy musical." First we will enjoy lunch at "Crossroads" Restaurant. Coach leaves Maple Grove Church at 9:45 am. Cost is \$40.00 members/partners and \$80.00 for guests. Reserve your spot by calling Brenda Hicks. No refunds after March 24
Friday, May 23rd, 2014 	Something new for us! A Mystery Tour. We'll board the coach for parts unknown, making a few stops along the way. Here's a hint though, one stop will be to enjoy a "favourite dessert." Coach will leave Maple Grove Church at 8:45 am. members /partners \$32.00 and \$65.00 for guests. Call Marie Walker for reservations. No Refunds after April 3
Thursday, June 19th, 2014 	Join us for our Annual Bar-B-Q at the Port Credit Yacht Club, 115 Lakeshore Promenade 11:00 am - 2:00 pm. Please bring a non-perishable food item for the less fortunate. Cost is \$17.00 for members/partners, \$35.00 for guests. Reservations will be taken by Kay Boyko. No Refunds after June 5.

Your Events Programme Committee are: Marie Walker (Chairman), Fred Bucknam, Danielle Young, Lorna Maj, Brenda Hicks, Barb Gohm, Kay Boyko

EXCURSION REFUNDS No refunds can be given if cancelled within 2 weeks of the event

IMPORTANT!! When you make a reservation for an event, please send a cheque to:

**TCV-OAKVILLE
P.O. Box 52047, Oakville ON,
L6J 7N5**

Note: If we do not receive your cheque two weeks before an event, you will be placed on a waiting list.

Members who require **transportation** to any event are asked to call the event coordinator, or any member of the Programme Committee. If you wish to volunteer for this service, call the same numbers! For up to date information on your club's activities, call the Event Line (905) 849-9867.

Membership

New Members

Mr Ron Daub (Wasaga Beach)	Mr Tom Gallagher (Millgrove, ON)
Mrs Wendy Wepler (Burlington) Wendy is the daughter of Norm Thornley)	

In Memoriam

Mrs Madolyn Bowyer (Oakville) (wife of the late Bill Bowyer)	Oct, 2013	Mr Bill Clothier (Mississauga)	Feb, 2014
Mr John Crawford (Milton) (husband of Sally Crawford)	Dec, 2013	Mr Tod Doupe (Mississauga)	Nov, 2013
Mrs Lenore Halstead (Mississauga)	Oct, 2013	Mrs Wendy Tyre (Oakville) (wife of Bill Tyre)	Mar. 2014

The following Members passed away at an earlier date. Unfortunately, we did not hear of their passing until just recently.

Mrs Mary Henderson (Burlington)	May, 2013	Mrs Uda Murphy (Mississauga)	Apr, 2013
Mrs Lynne Pollock (Oakville)	Aug, 2013	Mrs Elizabeth Pye (Mississauga)	Aug, 2013
Mrs Enid White (Oakville) (wife of the late Vern White)	July, 2013		

Keeping in Touch

We do not always hear when one of our Members change their address or, pass away. Please help by letting us know if you hear of a death or someone moving.

NEW MEMBERS are always welcome ! Do you know anyone that is eligible to join ?

Please call or e-mail Pat Herron

We have lost track of the following 4 Members. Does anyone have any information on their whereabouts now ?

Mrs Betty Duffield

Mr Thomas Haines

Mr Al Hood

Mr Eric Tamminen

Volunteer Profile



Our Christmas elf, Yvonne Seaton, who comes around visiting us with a smile and candy canes at our annual Christmas lunch, enjoys visiting and cheering up others when she can. From her church activities, Yvonne chose to make hospital visits, to members who were sick. She extended this to members of the Telco Community Volunteers. She frequents Oakville Trafalgar Hospital, bringing a vase with a flower, a large smile to say hello, and to spend a bit of time with those who are ill and would enjoy seeing a friendly face.

Yvonne said that she “enjoys cheering up people who are sick in hospital.” Yearly, at Christmas, she also enjoys participating at a Salvation Army Kettle.

Thank you Yvonne for your caring and compassion!!

We Need You!



- **Become active in our club**
- **Invite your fellow telephone retirees to join**
- **Get involved as part of the executive or on one of the committees**

THOUGHT FOR THE DAY

Yesterday is history
 Tomorrow is a mystery
 And today?
 Today is a gift
 That's why we call it the 'present'

Recipe Corner

Four Ingredient Lentil Soup

2 large carrots, peeled, chopped	1 large onion, chopped
1 ½ cups red lentils, uncooked	6 cups low-sodium chicken broth

Bring all ingredients to boil in a saucepan; cover. Simmer on medium-low heat, 30 to 45 minutes or until vegetables are tender.

Blend soup, in small batches, in blender until smooth or simply use an immersion hand-held blender to puree soup.

Note: Instead of tinned chicken broth, use 6 cups of water adding either chicken or vegetable cubes. For less salt, use only 2 cubes in 6 cups of water. For a less thick soup, use 7 cups of water. Lentils are an excellent source of protein.

Short-Cut Carrot Cake

1 pkg. (2-layer size) spice cake mix	2 cups shredded carrots
1 can (14oz.) crushed pineapple in juice, drained	¾ cup chopped walnuts
1 pkg. (250g.) Philadelphia Cream Cheese, softened	2 cups icing sugar
1 ½ cups thawed Cool Whip topping	

Heat oven to 350 F

Prepare cake batter as directed on package, stir in carrots, pineapples and ¾ cup walnuts. Pour into 2 (8-inch) square pans sprayed with cooking spray.



Bake 35-40 min. or until toothpick inserted in centres come out clean. Cool cakes in pans 10 min. invert onto wire racks, gently remove pans. Cool cakes completely.

Beat cream cheese in large bowl with mixer until creamy. Gradually add in icing sugar, mixing well after each addition. Whisk in Cool Whip.

Stack cake layers on plate, filling between and frosting top & sides with cream cheese mixture.

Note: Duncan Hines spice cake is an excellent choice for this recipe. Drain the juice from the crushed pineapple into a measuring cup and add water to it, to the amount stated on the box.

A Prayer for the MATURE LIFE



Lord, Thou knowest better than I know myself that I am growing older, and will someday be old.

Keep me from getting talkative, and particularly from the fatal habit of thinking I must say something on every subject and every occasion.

Release me from craving to try to straighten out everybody's affairs.

Make me thoughtful, but not moody, helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all – but Thou knowest Lord, that I want a few friends at the end.

Keep my mind free from the recital of endless details; give me wings to get to the point.
Seal my lips on my many aches and pains. They are increasing, and my love of rehearsing them is becoming sweeter as the years go by.

Teach me the glorious lesson that occasionally it is possible that I may be mistaken. Keep me reasonably sweet; I do not want to be a saint – some of them are so hard to live with – but a sour old person is one of the crowning works of the devil.

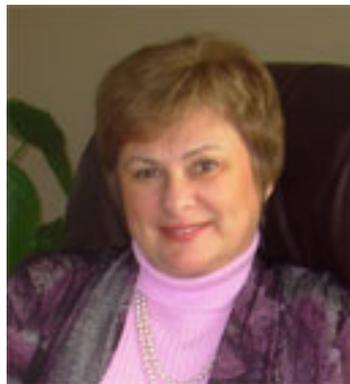
Help me to extract all possible fun out of life. There are so many amusing things around us, and I don't want to miss any of them. Amen

Submitted by Eileen Chewter

Photo Gallery Courtesy of TELCO Web Site



Maureen Jennings, author of the "Murdoch Mysteries" and the popular CBC productions based on her books was guest speaker at the TCV October 2013 Meeting



Evelyn Thoy, of Downsizing Diva, a Specialist in Downsizing and Moving Seniors, was our guest speaker at the February 2014 Meeting.