



# Retirement Rag

**Oakville Retirees Club**  
**Including Mississauga, Milton and Burlington**  
**P.O. Box 52047 Oakville , Ontario L7J 7N5**

March 2008

[www.oakville.telcocommunityvolunteers.com](http://www.oakville.telcocommunityvolunteers.com)

Hotline (905) 849-9867

## TELCO COMMUNITY VOLUNTEERS STATEMENT OF OBJECTIVES

The purpose of the Telco Community Retirees Clubs shall be:

To provide social, recreational, educational and cultural activities among members

To Provide meeting facilities for the accommodation of members and their guests

To promote participation and contribution by members in activities that are of service to the community

To promote participation and contribution by members in various Charitable organizations: and

Such other complementary purposes not inconsistent with the above objectives.

### Executive

President: Bill Hughes

Past President: Tom Brown

Vice President: Eileen Chewter

Secretary: Syd McKay

Treasurer: Jean Cook

AVP Club Room: Elmer Throop

AVP Community Service: Bill Check

AVP Fellowship: Yvonne Seaton

AVP Fund Raising: Venetia Binns

AVP Historical: Doug Kirkwood

AVP Participation: Dave Warren

AVP P.B. Moore Fund: Ron Knisley

AVP Programs: Bob Grinton

AVP Records: Pat Herron

Crafters Who Care: Bea Medland,  
Norma McIntyre

Golf Tournament: Chris Harvey  
Ron Naccarato

Oakville TCV Rep.: Ron McLean

## Presidents Message

The finances of the club have improved and the program committee has made some major changes to our programs. The Christmas Luncheon was changed to the Holiday Inn in Oakville and the Annual B.B.Q. has been changed to the Port Credit Yacht Club. Some of our outings have had or will have an increase in cost to members, but nothing drastic.

The executive is continuing to look for volunteers to assist in running the club. If you feel like helping out speak to one of your executive. You will be most welcome.

At the end of April 2008 the Telco Board will assume the role as Executor of the P.B.M. estate and will be responsible for managing the capital. I believe the current method of investing will continue and the resulting earnings will continue to support the five clubs in the G.T.A.

Bill Hughes

Do Lipton Tea employees take "coffee breaks?"

## Club General Meetings

Our club holds 2 general meetings a year at the Maple Grove United Church in Oakville. These meetings are held the first Tuesday of February and the first Tuesday of October.

At these meetings a free lunch is provided and a guest speaker. Attending these meetings gives you an opportunity to meet and mingle with other members. This also is the best time to hear what the Program Committee has planned for our outings.

In addition to the two general meetings, our annual meeting is held the first Tuesday of April, again at the Maple Grove United Church.

# Club Events News

**Sept. 10, 2007**

As usual our **Annual Golf Tournament** was held at **Deerfield Golf Club** in Oakville. 60 golfers participated in fine weather. Wally Pollack won low gross and his wife Jean had low gross for the women. Long ball hitting Ron Naccarato had low net and Iona Mooch had the women's low net. We enjoyed a great buffet and ended with prizes for all. Ron Naccarato and Keith Harvey, along with their committee organized the outing, thank-you all!

**September 26, 2007**

Approximately 50 of our members bused over to **Carmen's** in Hamilton to see a **Las Vegas** style show. The highlight of the show was "Tom Jones" singing, followed by a young lady tossing her undergarments onto the stage. The young lady then joined the singer on stage for a duet with "Tom" of Jezzibel. The young lady was from our club—initials Y.S.

**December 4, 2007**

Our **Annual Christmas Luncheon** was held at the **Oakville Holiday Inn** on Argus Road. This was a change of venue. For the last twelve years we have held this event at Le Dome. The service did not meet with our expectations last year so our program committee chose to try the Holiday Inn and it was a pleasant change. The service was excellent; food served at the table rather than buffet. The ambiance was excellent as well. We followed the buffet lunch with Christmas carols led by Bill Hamel and Isabel Varty. Door prizes were awarded as well as the usual 50/50 draw. We are sure the 146 members who attended enjoyed the new location and expect 2008 will see our return to the Holiday Inn.

**February 5, 2008**

A **general meeting** was held at the **Maple Grove United Church**. A turnout of approximately 60 members enjoyed a free lunch. Our guest speaker was Marjorie Henderson Wilson. She spoke about the life of Pauline Baxter Moore and provided us with some history of the T.C.V.

**February 20, 2008**

48 members and guests attended the musical play "Gypsy" at the Sheridan College Theatre. This event was originally scheduled for Feb.12, but due to a lock down at the college was rescheduled. This change of date required the Programme Committee to make many calls to advise those attending. The play itself was excellent; particularly the lead, "Gypsy's" mother, Rose. A good evening of entertainment.

**If lawyers are disbarred and clergymen defrocked, then doesn't it follow that electricians can be delighted, musicians denoted, cowboys deranged, models deposed, tree surgeons debarked, and dry cleaners depressed?**

**Is it true that you never really learn to swear until you learn to drive?**

**To keep up to date with Club News and outings, don't forget you can find us at [www.oakville.telcocommunityvolunteers.com](http://www.oakville.telcocommunityvolunteers.com). Or call the Event Line 905 849 9867**

# Coming Events

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**Tuesday, April 1, 2008**

The **Annual Meeting** of your Club at **Maple Grove United Church**. Lunch at 12:00 noon. Meeting 1:00 p.m. Reports by the Treasurer, P.B.M. Fund, etc. Questions from the floor for the Executive.

**Tuesday, April 15, 2008**

By popular demand, we lunch at "**Famous People Players**". Show to follow. Members and partners \$50.00, Guests \$55.00. Call Helen Mutch for reservations. Bus leaves Maple Grove United Church at 10:30 a.m. Only 50 people.

**Saturday, May 3, 2008**

**Breakfast at the Clubroom** (in the telephone exchange 241 Balsam Drive at Moorcroft Road in Oakville). Served 9:00 a.m. - 11:00 a.m. Only \$5.00, pay at the door. Contact any member of the Program Committee. Pancakes, Sausage, Fruit, Coffee, Tea.

**Friday, June 6, 2008**

The **Annual B.B.Q.** and picnic at the **Port Credit Yacht Club**, 115 Lakefront Promenade from 11:00 a.m. to 2:00 p.m. Great food, fantastic location, sailing boats, Lake Ontario, etc. Members and partners \$18.00, Guests \$25.00. Sign up now - an 80 person limit! White Elephant and/or Food Donation. Make reservations before May 23 with any member of the Program Committee.

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**REFUNDS will only be made if you notify the Program Committee at least two weeks prior to the event. This includes the Christmas Luncheon and Annual B.B.Q. Late cancellations can not be accepted as the Club is committed to pay for the event.**

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**Event Reservations!! IMPORTANT!!**

When you make a reservation for an event, please send a cheque to:

TCV OAKVILLE CLUB

P.O. Box 52047, Oakville ON

L6J 7N5

**Note:** If we do not receive your cheque two weeks before an event, you will be placed on a waiting list.

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**TRANSPORTATION IMPORTANT!!**

Please note: Members who require transportation to any event are asked to call the event co-coordinator, any program committee member or Tom Brown to arrange for pick-up. If you wish to volunteer for this service, call the same numbers!

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For up to date information on your club's activities, call the **Event Line**

**Your Events Programme Committee:**

Fred Bucknam   Jean Cook        Bob Grinton        Rosy Hayward        Bob Stevenson        Milt Sweeney

## Clubhouse Activities

### Crafters: quilting, sewing, knitting , etc...

Contact Norma McIntyre or Bea Medland. Crafters meet at the Balsam clubhouse every Wednesday from 1:00 - 3:00 pm.

Euchre: The euchre games played in the Club Room seem to be gaining in popularity. If this keeps up we may need to locate a larger venue. While Elmer Throop is on leave, thanks to Kel and Shirley Kaye for their outstanding work running the euchre. Games are played at the Balsam clubhouse every Thursday from 2:00 - 4:00 p.m.

For more information contact Elmer Throop.

### Things We Collect

Campbell's Soup Labels—the entire label. Any that have been cut down simply get thrown out. Please flatten each label and put into packages of 30 or 50. Ties or put an elastic band around them or put them in an envelope. Doing this makes it so much easier to prepare them for Campbell's. They give 10 cents per label to The Shriners Hospital to buy school supplies for the children during their treatment in hospital.

Pop Tabs are collected and sold to a recycler. The money we receive will go to a new project, "The Lions Camp Dorset". This is a family summer camp for families that require Kidney Dialysis Treatment. The Medical Centre is equipped with modern equipment and can accommodate up to 32 clients per day. They Dialyze on Monday, Wednesday and Friday through out the summer. We are happy to support this exciting new project. There are many different products that use the TAB as an opener. We will take them all, thanks!

Used Canadian Postage Stamps are sold to a stamp dealer who will package them for sale to collectors around the world. The money goes to the Seeing Eye Dog Program.

These are the **only** items our Life members are collecting now. Thanks very much for your interest and help in this part of our program.

## Helping Hands—Volunteer Hours

Our club does not provide financial assistance to any organization, charitable or otherwise. However, we do encourage members to assist charitable organizations with volunteer hours. Many of our members provide hours of assistance to various charitable organizations throughout our territory. These hours, when reported to Dave Warren are maintained for the year (July to June). For our 2006-2007 year we provided 7,281 hours of service.

"Helping Hands" is a program provided by "Bell" to assist charitable organizations. As an individual, if you provide 50 hours of volunteer service to one organization, you may be eligible to receive a grant of \$500.00 for that charity.

Through the Helping Hands program, member Lorna Maj has recently presented a \$500.00 cheque to the Oakville Trafalgar Memorial Hospital. This is the 7th annual presentation Lorna has made.

Member Joan Gibb, through her work with the Oakville Branch of the Canadian Cancer Society, has earned a \$500.00 grant from Helping Hands for the Society.

Bill Bowyer and Bill Hughes presented a cheque for \$2500.00 to Sharon Millard of the Cawthra Salvation Army on behalf of our Club and Bell Canada. This is the 8<sup>th</sup> year our club has made this donation for a total of \$20,000. The following members contributed time and effort to reach the 500 hours required to obtain the grant. Bill Bowyer, Bob Grinton, Rosemarie Grinton, Marg Clarke, Tom Brown, Pat Holway, Kay Lee, Yvonne Seaton, Gordon Beeton, Ian Ross, Shirley Ross, Carol Hall, Pat Vincent, Norma Dalton and Bill Hughes. In November of this year we will be looking for assistance again for the Army's Xmas Bureau

## Membership

### New Members

No new members to report.

### In Memoriam

Mrs. Harriet Money—Oakville—April 2006  
Mr. John Morgan—Oakville—July 2006  
Mrs. Louise McLeod—Oakville—January 2007  
Mrs. Violet Sharp—Mississauga—January 2007  
Mr. Harvie Eaton—Mississauga—February 2007  
Mr. James Wheeler—Oakville—June 2007  
Mrs. Doris Johnston—January 2008  
Mr. Gordon MacKay—January 2008  
Mr. Leonard Rivers—Burlington—January 2008  
Mrs. Joan Wilush—Oakville—March 2008

### Keeping In Touch

We need your help! Unfortunately, we do not always hear when one of our members passes away. That is why we mention the passing of 2 members back in 2006 in this issue of our newsletter.

If you hear of **any** changes (eg. *a death or someone moving*). Please call or e-mail Pat Herron. We want to continue our tradition of keeping in touch with our members.

New members are always welcome! If you hear of anyone that is eligible to join—please let us know.

### **Contact Pat Herron**

In order to reduce the cost of the retirement rag, if you have an e-mail address and Microsoft Publisher on your computer please advise Pat!

## Stroke warning signs—The five signs

**Stroke is a medical emergency.** Recognizing and responding immediately to the warning signs of stroke by calling 9-1-1 or your local emergency number can significantly improve survival and recovery. If a person arrives at a hospital emergency immediately after experiencing any or all of the stroke warning signs, and if the patient is diagnosed with a stroke caused by a blood clot, then doctors can administer a clot-busting drug called tPA - but only within **three hours** of initial symptoms. Thrombolytic drugs like tPA can effectively improve the outcome of a stroke by potentially minimizing the physical and mental damage. Yet only 20% to 25% of those who have a stroke actually get emergency care and treatment within **three hours** of the onset of symptoms the critical time frame during which clot-busting drugs are most effective.

**The 5 signs - Stroke can be treated! It is very important to recognize and respond to the warning signs!**

**Weakness** - Sudden loss of strength or sudden numbness in the face, arm or leg, even if temporary.

**Trouble speaking** - Sudden difficulty speaking or understanding or sudden confusion, even if temporary.

**Vision problems** - Sudden trouble with vision, even if temporary.

**Headache** - Sudden severe and unusual headache.

**Dizziness** - Sudden loss of balance, especially with any of the above signs.

**If you experience any of these symptoms, CALL 9-1-1 or your local emergency number immediately.**

### **Are Your Traveling to The United States?**

As of **January 31, 2008**, if you travel to the U.S. by **car** or **boat**, a U.S. law requires you to present:

- a government issued photo ID, such as a driver's licence, **PLUS** a birth certificate or citizenship card:
  - **OR**
  - A valid passport
  - **OR**

For those 18 and under, a birth certificate.

Canadian citizens **flying** to or through the U.S. must present a valid Canadian passport.

To find out more about document requirements and to help you plan for your U.S. travel, please visit or call:

**[www.canada.gc.ca](http://www.canada.gc.ca)**

**1-800-O-Canada (1 800 622-6232)**

A man owned a small farm in Indiana.

The Indiana State Wage & Hour Department claimed he was not paying proper wages to his help and sent an agent out to interview him.

"I need a list of your employees and how much you pay them," demanded the agent.

"Well," replied the farmer, "there's my farm hand who's been with me for 3 years. I pay him \$200 a week plus free room and board. The cook has been here for 18 months, and I pay her \$150 per week plus free room and board. Then there's the half-wit who works about 18 hours every day and does about 90% of all the work around here. He makes about \$10 per week, pays his own room and board, and I buy him a bottle of bourbon every Saturday night. He also sleeps with my wife occasionally."

"That's the guy I want to talk to --- the half-wit," says the agent.

"That would be me," replied the farmer.

### **Hot Chocolate Story**

A group of graduates, well established in their careers, were talking at a reunion and decided to go visit their old university professor, now retired. During their visit, the conversation turned to complaints about stress in their work and lives. Offering his guests hot chocolate, the professor went into the kitchen and returned with a large pot of hot chocolate and an assortment of cups-porcelain, glass, crystal, some plain looking, some expensive, some exquisite -- telling them to help themselves to the hot chocolate.

When they all had a cup of hot chocolate in hand, the professor said: "Notice that all the nice looking; expensive cups were taken, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress."

"The cup that you're drinking from adds nothing to the quality of the hot chocolate. In most cases it is just more expensive and in some cases even hides what we drink. What all of you really wanted was hot chocolate, not the cup; but you consciously went for the best cups... And then you began eyeing each others cups."

Now consider this: Life is the hot chocolate; your job, money and position in society are the cups. They are just tools to hold and contain life. The cup you have does not define, nor change the quality of life you have. Sometimes, by concentrating only on the cup, we fail to enjoy the hot chocolate we have.

The happiest people don't have the best of everything. They just make the best of everything that they have.

Live simply. Love generously. Care deeply. Speak kindly. Be thankful for your blessings and enjoy your hot chocolate!